MENTAL HEALTH

CHAPTER 19: MENTAL HEALTH

BEVERLEY HOUSE

Address: 32 Whittaker Road
           Rotorua 3010

Phone: 347 2940

Contact: Kerry Mackness

Email: kl.mac@xtra.co.nz

We provide a recovery based service that offers classes in daily living skills, fitness, health and wellbeing and general interest topics. The service caters to all age groups and is available to current users of mental health services following a needs assessment which can be accessed through Te Ngako Community Mental Health service, GPs and other service providers.

BRAEMORE LODGE

Address: 4 Te Manga Place
           Western Road
           Ngongotaha 3010

Phone: 357 4054

Fax: 357 4054

Contact: Donna Mitchell

Email: braemoreltd@yahoo.co.nz

Contracted by the District Health Board to provide 24 hour a day residential services and support throughout the recovery to people who experience a mental illness in the Lakeland region. All referrals through NASC (Needs Assessment Service Coordinator).

INFANT, CHILD AND ADOLESCENT MENTAL HEALTH SERVICE

Address: 48 Biak Street
           Rotorua 3046

Phone: 343 5005
       348 1199 after hours

Fax: 343 5030

Contact: Intake Worker via administrator 343 5005

Email: infoiCAMHS@lakesdhb.govt.nz

iCAMHS is a team of specialist health workers who provide very specific assessment and treatment for mental health related problems in children and young people, up to the age of 18. Our team is made up of health professionals, whai manaaki (cultural workers) along with our administrators.

For referral and related information please see our information on the Lakes DHB website.
### HEALTH CARE NZ Rotorua

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| Health Care NZ Rotorua  
Suite 1, 48 Biak Street  
Rotorua 3010 | 348 1881 |
| Fax:            | 347 9560 |

Mental health and addiction home-based support and independent living choices.

### Karldon Trust Incorporated

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<th>Email</th>
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| 132A Malfroy Road  
Rotorua 3010 | admin@karldontrust.co.nz |
| Phone:        | 348 8857                     |
| Fax:          | 348 1647                     |

A not-for-profit charitable Trust which provides residential and home-based support for adult mental health clients. Works in collaboration with lakes DHB Adult Mental Health Services to provide recovery support services. 24-hour service provided. Referral via Lakes DHB NASC service.

### Lifewise Trust (Formerly Bainbridge House)

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| PO Box 5201  
Rotorua West 3044 | 348 6239 |
| Website:      | Email:  |
| www.lifewise.org.nz | haehaetub@lifewise.org.nz |

Lifewise is a private and professional community adult mental health and addictions supported accommodation provider with 24/7 staffing and support. This service offers a recovery focused residential programme - Te Ara Ora, the Pathway to Wellness - for people and their whanau experiencing difficulty with their mental health or addictions. The programme also includes a focus on healthy eating, healthy activity and Kaupapa Maori as tools for people to experience lasting change in their lives.

Lifewise delivers contracted beds for Lakes DHB to Mental Health and Addictions. Clients must be referred through an appropriate addiction/mental health service (e.g. Lakes DHB Needs Assessment Coordination, Mental Health and Addictions, Te Utuhina Manaakitanga Trust, Drug and Alcohol Community Services, Te Ngako Community Mental Health Services. )

Beds are reserved for emergency housing with a limited stay of 14 days, free of charge. (as per assessment given).

Rental Accommodation Availability: All tenancies are negotiated with Lifewise management. Rental accommodation is at a boarding capacity in shared living.
Linkage provides a variety of services designed to help people navigate their way through the government, health and social service systems to find solutions that best meet their most urgent needs.

Linkage people are caring and responsive - our spirit is “together, we make a difference,” something we live and breathe, every day. Because we truly believe everyone has the potential to lead their life and live well.

In the Lakes district, we provide information, navigation and support services for family, whanau and people who need to find and connect with mental health, addiction and social services.

For more information about Linkage visit – www.linkage.co.nz

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MENTAL HEALTH SERVICE FOR OLDER PEOPLE (MHSOP)

**Address:**
1121 Rangiuru Street
Rotorua 3010

**Phone:**
343 7718

**Fax:**
349 7929

**Contact:**
Reception 343 7718

Provides multidisciplinary assessment and treatment in older people who present for new onset mental illness and complex dementia.

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MENTAL HEALTH AND ADDICTION SERVICES – ROTORUA HOSPITAL

The Mental Health and Addictions Service provides: an acute inpatient unit, 24 hour crisis assessment treatment team (CATT), community based infant/child/adolescent (iCAMHS) service, adult community mental health and addiction service (Te Ngako), Mental Health Services for Older People (MHSOP), Maori mental health (Po Te Atatu), peri-natal, primary mental health (PRiMHS), Opioid Substitution team, hospital and Police liaison.

Service responsibilities include: acute inpatient services and acute community and recovery services as well as linkages with non-government organisations (NGOs) and the primary health sector.

Referrals are received via a single point of entry (MH & A SPOE) to the service. All referrals should be faxed to (07) 349 7883.

All urgent calls should continue to go through to CATT on 0800 166 167.
POST NATAL THERAPY SERVICES

Address: PO Box 12069  
Rotorua 3045

Contact: Tina Berryman-Kamp –  
Clinical Psychologist

Phone: 027 432 6117  
Email: bkpsych@xtra.co.nz

For parents over 18 years of age experiencing mental health issues or distress in the year after having a baby. Individual therapy and groups: Mother Matters therapy groups (childcare for infants available on-site while mothers attend); weekly informal coffee/discussion groups and monthly evening sessions for fathers. Practical support and respite options also available. Free service (funded by Lakes DHB).

RECOVERY SOLUTIONS

Phone: 348 4739  
Email: info@recoverysolutions.co.nz  
Website wwwrecoverysolutions.co.nz

Recovery Solutions provides a wide range of recovery and rehabilitation services designed to empower people to reach their full recovery potential. We believe everyone is capable of living a meaningful life and are committed to helping clients to be the best they can be – resulting in improved overall community well-being and participation.

Our recovery approach focuses on the whole person – it’s about having a real home, real relationships, independence, good health and financial security. We take an innovative, evidence-based approach to mental health recovery and consistently challenge ourselves to achieve better results for our clients, their whanau and our communities. Combined with the care and support from our experienced, qualified and well-trained team, our clients can achieve positive long-term recovery outcomes. Recovery Solutions provides specialist care to people with mental health/drug & alcohol issues. Access to their services is through referral by a relevant organisation, e.g. Psychiatric Emergency Team, Te Utuhina Manaakitanga Trust, Te Ngako Adult Community Mental Health Centre or the Lakes DHB Needs Assessment Services Coordinator.

Recovery Solutions offers a number of different services to fit the needs of individual clients. For people who are transient or homeless and require additional support, a Package of Care service can be provided, where clients can drop in at any time for a meal, a hot shower, clothing and emergency accommodation. The emergency accommodation is limited to those in a crisis situation. Recovery Solutions provides services for infants, children and youth with mental health and addiction support needs, or who require care, protection and support. This includes a residential service for young people.
MENTAL HEALTH

TE ARATU TRUST

Address: 34-36 Ferguson Place
PO Box 1919
Rotorua 3040

Email: te.aratu@xtra.co.nz

Phone: 349 4244
Fax: 348 2174

Contact: Lindsay Harper

Provides services which include programmes and support for people aged between 16 and 65 years with various kinds of disability, enabling them to realise their potential and live life as valued members in their community.

TE AROHA O HINEMARU TRUST

Address: 3 Priest Road
Rotorua 3010

Email: taoht@xtra.co.nz

Phone: 350 1270
Fax: 350 1271

Contact: Suzanne Sloane

Residential home for people with mental disabilities and addictions. Thirteen beds. Supportive of day activities and providers of mental health care for people in the community. Specialised for elderly (65+).

TE NGAKO – ADULT COMMUNITY MENTAL HEALTH CENTRE

Address: Second Floor
1144 Pukaki Street
Rotorua 3010

Contact: Margie Proposch

Phone: 343 5050
Fax: 343 5080

Website: www.lakesdhb.govt.nz

The Rotorua Adult Community Mental Health Centre of Lakes District Health Board provides clinical assessment and treatment for people with primary and secondary mental health and addiction issues. Services offered include: perinatal, young people with primary mental health issues, adults and older adults along with the Lakes Opioid Substitution Treatment Service.

WORKWISE EMPLOYMENT AGENCY

Address: Level 1
1213 Haupapa Street
Rotorua 3010

Contact: Shirley Pryce

Phone: 348 2940
Fax: 348 2955

Email: shirley.pryce@workwise.org.nz
Website: www.workwise.org.nz

Workwise Employment Agency supports people with experience of mental illness to choose, get and keep jobs.